

CORONA PROTECTION

6 THINGS EVERYONE SHOULD BE AWARE OF NOW

6. If there are any signs of illness, do not go to work
contact a doctor if necessary

1. Greeting without physical contact

THE VIRUS IS TRANSMITTED BY
droplet & smear infection

2. Wash your hands regularly

20 to 30 seconds
(sing Happy Birthday twice)
10 to 20 times a day
clean fingertips, between the fingers, backs of the hands and palms with soap

3. Do not touch the face

point this out to colleagues too if necessary

4. Sneeze correctly
sneeze into the crook of your arm

5. Avoid crowds
for example major events

